

PRODUCT DESCRIPTION:

Vegetable Fried Rice is made with white rice, carrots, peas, corn, red bell peppers, onions, and authentic Asian seasonings

- Each 3# bag contains a complete mix of onion, carrot, corn, red bell pepper, green peas, sugar, corn oil, green onion and authentic Asian seasonings
- Easy to portion consistently, rice does not stick or clump
- The right size bag, steam, boil-in-bag, or bake for a side that's ready in minutes
- Less on the label. No high fructose corn syrup, no certified artificial colors, no added MSG

MENU APPLICATIONS:

- Serve as a side to a Asian-themed entree

PREP INSTRUCTIONS:

COOKING INSTRUCTIONS. COOK BEFORE SERVING. Cooking instructions are based on one bag. **STEAMER:** Place rice packet on perforated steamer pan. Steam to a minimum temperature of 160°F. Thawed: 20-25 minutes, Frozen: 40-45 minutes. **BOIL IN BAG:** Place rice packet in boiling water, cover, and cook to a minimum temperature of 160°F. Thawed: 35-40 minutes, Frozen: 45-50 minutes. **BAKING:** Preheat oven. Spray half steam table pan with vegetable spray. Place fried rice in pan, cover tightly with foil, cook to a minimum temperature of 160°F. Cook in conventional oven (425°F) from thawed state for 40-45 minutes or convection oven (450°F) for 15-20 minutes for thawed, 35-40 minutes from frozen. **NOTE:** Due to oven variances, cooking times may require adjustment.



INGREDIENTS:

Water, rice, soy sauce (water, wheat, soybean, salt, alcohol [to retain freshness]), onion, carrot, corn, red bell pepper, green peas, sugar, corn oil, green onion, sesame seed oil, disodium inosinate, disodium guanylate.

Cooking Method	Temp	Time	Instructions
Steam		40-45 MINUTES	Prepare from frozen state
Steam		20-25 MINUTES	Prepare from thawed state
Conventional Oven	425 °F	40-45 MINUTES	Prepare from frozen state
Conventional Oven	425 °F	35-40 MINUTES	Prepare from thawed state
Convection Oven	450 °F	35-40 MINUTES	Prepare from frozen state
Convection Oven	450 °F	15-20 MINUTES	Prepare from thawed state

SHIPPING INFO / SHELF LIFE:

SHIPPING INFO:

GTIN (Case):	10035367593725
Gross Weight:	12.59
Net Weight:	12.00
Each Weight:	4.93
Cube:	0.57
Dimensions (LxWxH):	15.63 x 9.63 x 6.5
Cases/Pallet:	72
Tie:	12
High:	6
SHELF LIFE:	365

ALLERGENS:

Contains
Wheat or its Derivatives, Soy or its Derivatives,



Karen Wilder

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NUTRITION INFORMATION:

Serving Size:	1 Cup (140 g/4.9 oz)	-
Serving Size (grams):	140	-
Serving Size (weight oz):	4.93	-
Eaches/Case:	4	-
Inner Packs/Case:	4	-
Servings/Case:	ABOUT 39	-
Calories:	210	-
Calories From Fat:	15	-
Calories From Saturated Fat:	0	-
Total Fat:	1.5	2%
Saturated Fat:	0	0%
Trans Fat:	0	-
Cholesterol:	0	0%
Sodium:	530	23%
Potassium:	100	2%
Total Carbohydrate:	44	16%
Total Dietary Fiber:	2	7%
Sugars:	4	-
Protein:	5	-
Vitamin A:	-	10%
Vitamin C:	-	4%
Calcium:	13	2%
Iron:	1	6%
Whole Grain:	0	0%

* Percent Daily Values are based on a 2,000 calorie diet.

