

PRODUCT DESCRIPTION:

Fried Potstickers feature a blend of pork, cabbage, and authentic spices wrapped in a crunchy shell

- Freshly shredded vegetables and potsticker wrappers made in-house daily
- Easy prep # bake or fry from frozen or thawed for a side that's ready in minutes
- Less on the Label: No High Fructose Corn Syrup, no certified artificial colors, no added MSG
- Pre-cooked for food safety
- Can be served as an appetizer, side dish, or entrée for an Asian-inspired meal or snack
- Serve with one of our MINH® Less Sodium Sauces for dipping



MENU APPLICATIONS:

- Perfect way to begin a great meal with a great appetizer
- Asian themed menus
- Serve with an Asian dipping sauce

PREP INSTRUCTIONS:

COOKING INSTRUCTIONS. COOK BEFORE SERVING. Cooking instructions are based on 12 pieces. CONVENTIONAL OVEN (425°F): 7.5-8 minutes if thawed 11.5-12 minutes if frozen Turn the product halfway through bake time. DEEP FRYER (350°F): 2-2.5 minutes if thawed 4-4.5 minutes if frozen

Cooking Method	Temp	Time	Instructions
Conventional Oven	425 °F	11.5 -12.5 MINUTES	Prepare from frozen state
Conventional Oven	425 °F	7.5-8 MINUTES	Prepare from thawed state
Deep Fry	350 °F	4-4 1/2 MINUTES	Prepare from frozen state
Deep Fry	350 °F	2- 2.5 MINUTES	Prepare from thawed state

INGREDIENTS:

INGREDIENTS: ENRICHED FLOUR AND ENRICHED DURUM FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PORK, CABBAGE, WATER, GREEN ONIONS, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE [PRESERVATIVE]), CONTAINS 2% OR LESS OF: SUGAR, VEGETABLE OIL (COTTONSEED, CANOLA, AND/OR SOYBEAN OIL), BLEACHED WHEAT FLOUR, SALT, SPICE, YELLOW CORN FLOUR, GARLIC, EGGS, WHEAT GLUTEN, DRIED ONION, SODIUM TRIPOLYPHOSPHATE, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA), TOASTED SESAME SEED OIL, NONFAT DRY MILK. FRIED IN VEGETABLE OIL (COTTONSEED AND/OR CANOLA OIL).

SHIPPING INFO / SHELF LIFE:

SHIPPING INFO:

GTIN (Case):	10035367690455
Gross Weight:	9.00
Net Weight:	7.50
Each Weight:	3.25
Cube:	0.53
Dimensions (LxWxH):	11.5 x 9.25 x 8.63
Cases/Pallet:	119
Tie:	17
High:	7
SHELF LIFE:	365

ALLERGENS:

Contains Milk or its Derivatives, Eggs or its Derivatives, Wheat or its Derivatives, and Soy or its Derivatives.



Karen Wilder

Karen Wilder, RD, MPH, LD
 Sr Director, Scientific & Regulatory Affairs

NUTRITION INFORMATION:

Serving Size:	5 potstickers (92g)	-
Serving Size (grams):	92	-
Serving Size (weight oz):	3.25	-
Eaches/Case:	186	-
Inner Packs/Case:	6	-
Servings/Case:	ABOUT 37	-
Calories:	250	-
Calories From Fat:	120	-
Calories From Saturated Fat:	35	-
Total Fat:	13	17%
Saturated Fat:	4	19%
Trans Fat:	0	-
Cholesterol:	20	7%
Sodium:	490	21%
Potassium:	164	4%
Total Carbohydrate:	26	9%
Total Dietary Fiber:	1	5%
Sugars:	2	-
Protein:	7	-
Vitamin A:	0	0%
Vitamin C:	4	4%
Calcium:	0	0%
Iron:	1.6	8%
Whole Grain:	0	0%

* Percent Daily Values are based on a 2,000 calorie diet.

