

PRODUCT DESCRIPTION:

Tender chicken, freshly shredded carrots, cabbage, and authentic spices, rolled in a crispy egg roll wrapper

- Fresh vegetables shredded, and egg roll skins made in-house daily
- Easy prep, fry or bake from frozen, or thawed, for an egg roll that is ready in minutes
- Less on the Label: No High Fructose Corn Syrup, no certified artificial colors, no MSG
- Pre-cooked for food safety
- Packed in 6-12 count cartons, 72 egg rolls per case
- Can be served as an appetizer, side dish, or as part of an entrée for an Asian-inspired meal or snack
- Serve with one of our MINH® Less Sodium Sauces for dipping



MENU APPLICATIONS:

- Can be served as an appetizer, side dish, or entrée for an Asian inspired meal.
- Serve with one of our MINH® Less Sodium Sauces for dipping.
- Serve quickly and conveniently: deep fry or bake in convection or conventional oven.
- See our recipe collection for ways to build a unique entrée with these egg rolls.

PREP INSTRUCTIONS:

For food safety and quality heat before eating to an internal temperature of 165°F. Refrigerate or discard any unused portion. Heating instructions are based on 12 pieces. DEEP FRYER: Fry in 350°F oil for 6-6.5 minutes if thawed; 8.5-9 minutes if frozen. CONVECTIONAL OVEN (350°F): Bake for 12.5-13.5 minutes if thawed; 16.5-17.5 minutes if frozen. CONVENTIONAL OVEN (425°F): Bake for 15-16 minutes if thawed; 26-27 minutes if frozen. NOTE: Due to variances in oven regulators, heating time and temperature may require adjustments.

Cooking Method	Temp	Time	Instructions
Deep Fry	350 °F	8.5-9 MINUTES	Prepare from frozen state
Deep Fry	350 °F	6-6.5 MINUTES	Prepare from thawed state
Conventional Oven	425 °F	15-16 MINUTES	Prepare from thawed state
Conventional Oven	425 °F	26-27 MINUTES	Prepare from frozen state
Convection Oven	350 °F	12.5-13.5 MINUTES	Prepare from thawed state
Convection Oven	350 °F	16.5-17.5 MINUTES	Prepare from frozen state

INGREDIENTS:

INGREDIENTS: CABBAGE, ENRICHED FLOUR ([BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CALCIUM PROPIONATE, MALTED BARLEY FLOUR), DARK MEAT CHICKEN, WATER, CARROTS, ONION, CELERY, ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TEXTURED SOY FLOUR, CONTAINS 2% OR LESS OF: SALT, VEGETABLE OIL (SOYBEAN, COTTONSEED, CORN, AND/OR CANOLA OIL), MODIFIED FOOD STARCH, AUTOLYZED YEAST EXTRACT, SUGAR, DRIED GARLIC, SOY SAUCE POWDER (SOY SAUCE [WHEAT, SOYBEANS, SALT], MALTODEXTRIN, SALT), WHEAT GLUTEN, SPICE, DEXTROSE, NATURAL FLAVOR, EGGS, CORNSTARCH. FRIED IN VEGETABLE OIL (SOYBEAN, COTTONSEED, CORN, AND/OR CANOLA).

SHIPPING INFO / SHELF LIFE:

SHIPPING INFO:

GTIN (Case):	00035367690496
Gross Weight:	14.30
Net Weight:	13.50
Each Weight:	3.00
Cube:	0.50
Dimensions (LxWxH):	11.5 x 9 x 8.38
Cases/Pallet:	119
Tie:	17
High:	7
SHELF LIFE:	365

ALLERGENS:

Contains Eggs or its Derivatives, Wheat or its Derivatives, and Soy or its Derivatives.



Karen Wilder

Karen Wilder, RD, MPH, LD
 Sr Director, Scientific & Regulatory Affairs

NUTRITION INFORMATION:

Serving Size:	1 Piece (85g)	-
Serving Size (grams):	85	-
Serving Size (weight oz):	3	-
Eaches/Case:	72	-
Inner Packs/Case:	1	-
Servings/Case:	72	-
Calories:	150	-
Calories From Fat:	45	-
Calories From Saturated Fat:	15	-
Total Fat:	5	7%
Saturated Fat:	1.5	6%
Trans Fat:	0	-
Cholesterol:	10	3%
Sodium:	500	22%
Potassium:	220	4%
Total Carbohydrate:	20	7%
Total Dietary Fiber:	2	7%
Sugars:	2	-
Protein:	6	-
Vitamin A:	43	4%
Vitamin C:	7	8%
Calcium:	37	2%
Iron:	1.3	8%
Whole Grain:	0	0%

* Percent Daily Values are based on a 2,000 calorie diet.

